

HEALTH AND WELLBEING BOARD

14 June 2016

Title:	Children and Young People's Mental Health Transformation Plans 2016 Refresh
Report of the Children and Maternity Group	
Open Report	For Decision
Wards Affected: None	Key Decision: No
Report Author: Gemma Hughes, Deputy COO B&D CCG	Contact Details: Tel: 020 3644 2380 E-mail: gemma.hughes6@nhs.net
Sponsor: Conor Burke, Chief Officer, B&D CCG	
Summary: Barking and Dagenham CCG produced Children and Young People's Mental Health Transformation Plan (CYP MH TP) in 2015, which was approved by NHSE and published in December 2015. The plans responded to the Children's Mental Health Taskforce report, Future in Mind , published in March 2015 and set out how the CCGs would use their allocation of CYP MH Transformation Funds. The plans were produced by the joint CCG and local authority children's commissioner and were approved by the Health and Wellbeing Board. NHSE requested that these plans are refreshed and resubmitted by 31 October 2016. This paper provides an overview of the refreshed plans for Barking and Dagenham.	
Recommendation(s) The Health and Wellbeing Board are asked to: <ul style="list-style-type: none">• Note the progress made to date on delivery the CYP MH TP and the new challenges that have arisen• Note the contents of the refreshed plans	
Reason(s) 75% of mental health problems in adult life (excluding dementia) start by the age of 18 and if left untreated can develop into conditions that require regular care. The Barking and Dagenham CAMHS needs assessment (2016) reported that there are a growing number of children in the borough who are at risk of developing mental health conditions and current services are not keeping pace with demand. The CYP MH TP sets out a five year plan to build capacity and capability across the system and develop more responsive and preventative approaches to build resilience and provide early intervention. Central to	

this is the redesign of services around the thrive model of care which is being taken forward through the development of the wellbeing hub. This is expected to be in place early in the new year.

1. Introduction and Background

Barking and Dagenham CCG produced a Children and Young People's Mental Health Transformation Plans (CYP MH TP) in 2015, which was approved by NHSE and published in December 2015.

The plan responded to the Children's Mental Health Taskforce report, *Future in Mind*, published in March 2015 and set out how the CCG would use its allocation of CYP MH Transformation Funds.

The plans is available at:

<http://www.barkingdagenhamccg.nhs.uk/Downloads/Our-work/CAMHS/Barking-and-Dagenham-CAMHS-report-v2-December-2015.pdf>

The plan was produced by the joint CCG and local authority children's commissioner and was approved by the Health and Wellbeing Board.

NHSE have requested that the plan is refreshed and resubmitted by 31 October 2016. The refresh of the CYP MH TP is attached as Appendix 1

2.0 Purpose of the refreshed plans

1.1 The refreshed plans provide an opportunity to:

- Take account of new information available since the plan was written in 2015
- Remind stakeholders of the vision set out in previous plans
- Provide an update on progress and engagement in the last year
- Provide an update on changes occurring in the local environment during 2016
- Identify new challenges
- Provide refined commissioning plans for 2017/18 that respond to these factors as well as setting out how new national "must dos" will be balanced with local priorities.

2.2 The refreshed plan does not change the strategic direction set out in the plan produced one year ago, nor does it change the vision that we are working towards. It should be read as an updated version of this plans which continues with much of the activity that has been delivered in the previous year, builds on learning gained from this work and adapts to changes in the environment.

2.3 Since the LTP was published in December 2015, the CCG has been able to develop a deeper understanding of the population needs and local priorities. This has enabled the development of plans to improve emotional health and resilience in CYP at risk of developing a mental health conditions as well as improving access to services for those that are diagnosed with a mental health condition.

3.0 Allocation of CYP MH Transformation Funds and proposed expenditure

- 3.1 The CCG will receive a recurrent allocation of CYP MH Transformation Fund in 2017/18 and a small uplift. The full allocation, including the recurrent funding, for Barking and Dagenham is £522,000.
- 3.2 This fund is already committed to priority work streams as agreed in the previous years' plan and the proposed expenditure plan is summarised below.

Priority work stream	Related target	Proposed activity	B&D spending plan
Perinatal	Increase in women accessing specialist services	Increase in capacity if funds available	Dependent on transformation fund availability
Eating disorders	Access and waiting times	Increase in capacity as per previous investment, developing access / integrate with SPA	No additional investment (previous investment is recurrent)
Early intervention in psychosis (EIP)	Access and waiting times	Increase in capacity and stretch waiting time target	No additional investment (previous investment recurrent)
Wellbeing hub	Increase in access and CYP IAPT compliance	NEFLT additional practitioners (Single Point of Access and CYP IAPT)	£146,000
		Crisis support	£195,000
		Looked After Children practitioner	£58,000
		Digital support	£40,000
		Schools training	£21,000
		MH social worker	£40,000
Enabler: engagement		Support to local Youth Forum / Parliament	£2,000
Enabler: implementation support		Contribution to programme management across BHR	£20,000
Contingency			
Total			£522,000

It should be noted that these plans enable the continuation of existing commitments.

4.0 Governance and engagement

- 6.1 Engagement has taken place throughout 2016 on the CAMHS needs assessment and our transformation plans, including with the Barking and Dagenham Youth Forum and Young Inspectors Specific. A workshop was held in October to inform the refresh of the plan with representation for health, education and social care and the findings included in the refreshed plans. The joint children's commissioner has engaged directly with children's services and education colleagues in the council about the content of the plan. Members of the Mental Health Delivery Group for BHR CCGs (including NELFT and local authorities) were invited to comment on the draft plans.

4.0 Mandatory Implications

4.1 Joint Strategic Needs Assessment

A CAMHS needs assessment was commissioned in 2016 which supplements the Barking and Dagenham Joint Strategic Needs Assessment (JSNA). Barking and Dagenham has higher rates of diagnosable mental health problems when compared to the England average and the number of children with a diagnosable mental health problem will increase by 2020. Some groups of children and young people are more at risk of experiencing mental health problems, including those living in poverty, looked after children and young offenders.

4.2 Health and Wellbeing Strategy

The programme will support health and wellbeing throughout all stages of life to:

- Reduce inequalities
- Promote choice, control and independence
- Improve the quality and delivery of services provided by all partner agencies

4.3 Integration

The paper makes clear reference to and proposals in respect of both to the joint commissioning – a requirement of the Children and Families Act 2014 – and to the development of the Accountable Care Organisation.

4.4 Financial Implications

A budget of £522,000 has been identified to support the delivery of the LTP in 2017/18.

4.5 Legal Implications

None

Public Background Papers Used in the Preparation of the Report: None

List of Appendices:

Appendix 1 – Barking and Dagenham Children and Young People's Mental Health Transformation Plan Updated October 2016